



## Suggested wording for including the Heart Research Centre in your Will

**“I bequeath the sum of \$..... to the Heart Research Centre of Ground Floor, Charles Connibere Building, The Royal Melbourne Hospital, to be applied to the uses and purposes of the Centre generally and I direct that the receipt of the Secretary for the time being of the Heart Research Centre shall be sufficient discharge for my Executors.”**

**or**

**“I devise and bequeath the rest and residue of my Estate [ or alternatively ‘the whole of my Estate’] of whatsoever nature and wheresoever situate to the Heart Research Centre of Ground Floor, Charles Connibere Building, The Royal Melbourne**



**HEART  
RESEARCH  
CENTRE**

Box 2137 Post Office  
(Ground Floor, Charles Connibere Building)  
The Royal Melbourne Hospital  
Victoria 3050 Australia

Telephone: (03) 9347 5544  
Facsimile: (03) 9347 6964

Email: [heart@medicine.unimelb.edu.au](mailto:heart@medicine.unimelb.edu.au)  
Webpage: <http://go.to/heartresearchcentre>

ABN 87 267 901 425  
ACN 060 479 763  
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# “Make a difference...”

**...to the lives of people with heart disease and those at risk”**

**Colette Mann**  
actor, director, radio personality



**HEART  
RESEARCH  
CENTRE**



“Like most Australian families, my family has been touched by heart disease. Ever since I can remember, I have been aware of heart problems. My Dad had his first heart attack when I was eight, and I remember Mum changing our diets and our lifestyles “for Dad’s heart”. We were the first family in our street to give up butter! Very go ahead to be low-fat in the late 50’s!!

I recently traced our family tree and was horrified at the amount of heart disease through the generations. I realised then that I could easily be a marked woman - a ‘dead cert’ for heart disease.

The Heart Research Centre aims to reduce deaths and disability from heart disease. The Centre focuses its research on people at high risk of developing the disease - like me - and also on their families.

By supporting the Heart Research Centre in your Will, you will make a difference to the lives of many Australian families, for generations to come.

If you want to really make a difference, consider including the Heart Research Centre in your Will.”

**Colette Mann**

**“The Heart Research Centre is internationally recognised for the quality of its training programs. As co-ordinator of a rehabilitation program for people after a heart attack or heart surgery, I need to provide the best level of care to people and their families. Through training programs for doctors and other health professionals, the Heart Research Centre provides practical strategies and valuable information to help develop and run cardiac rehabilitation**



## Make a difference..

Diseases of the heart and blood vessels are Australia's biggest killers and a major cause of disability for many people. Heart disease may have affected you, a member of your family, or some of your friends.

**The Heart Research Centre specialises in research into:**

- cardiac rehabilitation - assisting people to recover fully after a heart attack or heart surgery
- the prevention of cardiovascular disease

**The Heart Research Centre aims to:**

- reduce risk factors in patients with heart disease and improve their quality of life
- prevent heart disease in people at risk
- provide training for health professionals in best practice cardiac rehabilitation

**If you would like to remember the Heart Research Centre in your Will, please refer to the suggested wording on the back of this brochure.**

By leaving a bequest to the Centre in your Will, you will **make a difference** in the fight against heart disease. Bequests are an essential source of funding for the Centre's research projects.



**“Approaching 58, I was reasonably fit, a non smoker and very weight conscious. I walked the dog regularly and had a golf handicap of 14. But, in February 1998, I was taken to hospital with acute chest pain. I had blocked arteries. I was in a state of shock, fear and confusion.**

**In a very caring and professional manner, the Heart Research Centre arranged for me to attend a cardiac rehabilitation program following my bypass operation. I was able to talk to other people in the same situation, to find out about exercise, my heart, my medications, and how to avoid further heart problems. This experience has certainly changed my life but, through the Heart Research Centre I have renewed**

## What to do now..

**To make a difference...**

Please tick the relevant box below, fill out your name and address and return the form to the address shown.

- Please send me more information about the Heart Research Centre.
- I wish to advise that I have made a bequest to the Heart Research Centre.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

P/code: \_\_\_\_\_ Phone: \_\_\_\_\_

**Thank you for your interest in the Heart Research Centre. If you would like to discuss this further, please call the Bequest Officer on (03) 9347 5544.**



**HEART  
RESEARCH  
CENTRE**

Please return this slip to:

The Bequest Officer  
Heart Research Centre  
Box 2137 Post Office  
The Royal Melbourne Hospital  
Victoria 3050 Australia

